



Life. Be in it.™

# LIFE GAMES

Since 1975, 'Life. Be in it'  
has provided engaging, low-key  
competitive and active *Life Games*  
to support the health and physical  
education curriculum



***'Be in it today, live more of your life.'***

# Life Games

*Life Games* encourages health and wellbeing through physical activity, supporting students to develop physically and socially.

A *Life Games* program is tailored to the needs of the school and provides students with an experience that is contemporary, relevant, safe, challenging and physically active.

Email us for more information  
**[lifegames@sa.lifebeinit.org](mailto:lifegames@sa.lifebeinit.org)**  
or call **8362 2150**

**[www.lifebeinit.sa.org](http://www.lifebeinit.sa.org)**

*Our fully qualified Life Games Leaders add experience and vibrancy to a program. They work with teachers to maximise student enjoyment.*

*Life Games specialise in participation, team cooperation, hand eye coordination and FUN raising activities.*

*Our programs assist the delivery of the Australian Curriculum: Health & Physical Education learning area by helping students develop fundamental movement skills, knowledge and understanding to strengthen their sense of wellbeing and building satisfying relationships.*

# The Activities – Life Games

## Earthball



Earthball develops interaction and team work through fun games that students will love! Games suit all ages and can also cater for special needs.

## Fire Fighters Mat



Life Games Leaders instruct students how to safely throw their peers into the air using the fire fighters mat. This relies on students working together as a team in one of our most exhilarating activities.

## Parachute



Our largest parachute has a diameter of 8 metres. Students love activities that take place under the colourful parachute and Life Games Leaders deliver a series of routines that help develop the imagination of students.

## Geeta Board



A classic team building challenge! Many years ago, 'Life. Be in it' developed this simple concept to encourage students to work together and walk as one.

## Life Games

### Stilts



Not just for the circus! These stilts have been designed to assist students help each other develop confidence and coordination while working together.

### Tug o' War



Tug o' war is a classic favourite. Our 4 way tug o' war adds another element of difficulty and coordination.

## Relay Games

'Life. Be in it' has developed a number of unique relays as well as providing the classics.

### Pentathlon

This mini Olympia relay consists of 5 classic relay activities.

### Retro Relay

Take a hop, skip and jump back in time and experience a relay that includes egg and spoon, three legged, space hopper and sack races.

### Fire Fighters Relay

This exciting spoke/water relay will teach students that slow and steady may win them the race.

## World Games

**These activities are designed for students to experience games that are common in different cultures and support cross curricula activities. For example...**

### Australia – The Swagman's Relay

A 'Life. Be in it' invention where students can imagine themselves as a jolly swagman camping by a billabong.

### Egypt – Egyptian Sticks

While the Egyptians used them for fighting, our game promotes hand eye coordination and speed of reaction.

## Life Games Testimonials

Our school has been using 'Life. Be in it' Life Games for the past 5 years.

The friendly nature of the instructors, organisation and the great activities make for a fantastic day. We will continue to use Life Games for many years to come."

- **Nick Wuttke**, Deputy Principal  
Kapunda Primary School

We have used 'Life. Be in it' and their Life Games at the beginning of a school year, the past 4 years, as a team building exercise for the year 6/7s.

The students thoroughly enjoyed the activities, which are fun and engaging and definitely promote cooperation skills and team work."

- **Sharyn Binyon**,  
Two Wells Primary School

## Contact

If you wish to discuss any aspect of Life Games or tailor a program to suit your needs, please feel free to contact our Program Manager, Neil Warren.

Neil has over 10 years experience and can assist in creating the best program for you.



### **Neil Warren**

Program Manager

T 08 8362 2150

M 0417 818 148

E [neil.warren@sa.lifebeinit.org](mailto:neil.warren@sa.lifebeinit.org)

W [www.lifebeinit.org](http://www.lifebeinit.org)