



Walking for Fitness and Pleasure

ABN 19 477 337 506

PO Box 286
 GLENSIDE SA 5065
 Telephone: (08) 8362 2150
 Facsimile: (08) 8363 4756

SECOND SEMESTER 2017

WEEK 19

DAY	COURSE NO.	TIME	LEADER	DATE	WHERE
TUES	1	10.00AM 2HR MOD	Margaret	07-Nov	Beaumont Common. Buchan Avenue BEAUMONT UBD 131 M5
TUES	2	10:00 AM 3HR-EXP	Jenny	07-Nov	Tenth Avenue / River Street ST PETERS UBD 118 M1
WED	3	10.30AM 1.5HR MOD/EA	Christine Elspeth	08-Nov	Beaumont Common. Buchan Avenue BEAUMONT UBD 131 M5
WED	4	10.00AM 3HR-EXP	Libby	08-Nov	Tenth Avenue / River Street ST PETERS UBD 118 M1
FRI	5	1.00PM 1 HOUR Very easy	Elspeth	10-Nov	Beaumont Common. Buchan Avenue BEAUMONT UBD 131 M5
FRI	6	10.00AM 1.5HR MOD/EA	Elspeth	10-Nov	Beaumont Common. Buchan Avenue BEAUMONT UBD 131 M5
FRI	7	10.00AM 3HR-EXP	Libby	10-Nov	Tenth Avenue / River Street ST PETERS UBD 118 M1
FRI	8	10.00AM 3HR-EXP	Christine	10-Nov	Upper Sturt Rd (Upper Sturt Lodge) now car park BELAIR UBD 156 B6
SAT	9	8.30AM 3HR-EXP	Christine Margaret	11-Nov	Upper Sturt Rd (Upper Sturt Lodge) now car park BELAIR UBD 156 B6

Celebrating 30 years - and more.



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WEEK 20

DAY	COURSE NO.	TIME	LEADER	DATE	WHERE
TUES	1	10.00AM 2HR MOD	Margaret	14-Nov	Fairview Road ALDGATE UBD 158 B3
TUES	2	10:00 AM 3HR-EXP	Jenny	14-Nov	Upper Sturt Rd (Upper Sturt Lodge) now car park BELAIR UBD 156 B6
WED	3	10.30AM 1.5HR MOD/EA	Christine Elspeth	15-Nov	Fairview Road ALDGATE UBD 158 B3
WED	4	10.00AM 3HR-EXP	Libby	15-Nov	Upper Sturt Rd (Upper Sturt Lodge) now car park BELAIR UBD 156 B6
FRI	5	1.00PM 1 HOUR Very easy	Elspeth	17-Nov	Fairview Road ALDGATE UBD 158 B3
FRI	6	10.00AM 1.5HR MOD/EA	Elspeth	17-Nov	Fairview Road ALDGATE UBD 158 B3
FRI	7	10.00AM 3HR-EXP	Libby	17-Nov	Upper Sturt Rd (Upper Sturt Lodge) now car park BELAIR UBD 156 B6
FRI	8	10.00AM 3HR-EXP	Christine	17-Nov	Kemp Road ALDGATE UBD 157 K1
SAT	9	8.30AM 3HR-EXP	Christine Margaret	18-Nov	Kemp Road ALDGATE UBD 157 K1

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WEEK 21

If the temperature forecasted at 7.00am for the day is 34° or over the Walk will be cancelled

DAY	COURSE NO.	TIME	LEADER	DATE	WHERE
TUES	1	10.00AM 2HR MOD	Margaret	21-Nov	"Woorabinda Lake Reserve" Woorabinda Drive STIRLING UBD 157 D1
TUES	2	10:00 AM 3HR-EXP	Jenny	21-Nov	Micham Reserve, Evans Avenue MITCHAM UBD142 Q3
WED	3	10.30AM 1.5HR MOD/EA	Christine Elspeth	22-Nov	Carripook Reserve' Kain Avenue/ Mt Barker Rd BRIDGEWATER UBD 146 B15
WED	4	10.00AM 3HR-EXP	Libby	22-Nov	TBA
FRI	5	1.00PM 1 HOUR Very easy	Elspeth	24-Nov	Linear Park Garden. Aldinga Road WILLUNGA UBD 225 M5
FRI	6	10.00AM 1.5HR MOD/EA	Elspeth	24-Nov	Linear Park Garden. Aldinga Road WILLUNGA UBD 225 M5
FRI	7	10.00AM 3HR-EXP	Libby	24-Nov	TBA
FRI	8	10.00AM 3HR-EXP	Christine	24-Nov	Thorndon Park. Hamilton Road ATHELSTONE UBD 108 J4
SAT	9	8.30AM 3HR-EXP	Christine Margaret	26-Nov	"Ekhidna" Branson Road MCLAREN VALE UBD 217 C7

First Walk for 2018 : 9th March

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